

# THESES

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**BORI FEHER**

## RESILIENT COMMUNITIES - OPPORTUNITIES OF SOCIAL DESIGN

1. Resilience level of rural communities living in extreme poverty is low. The present complex economic, social and cultural problems are increasingly affecting these communities and the environmental and other challenges we face will further worsen this low level of resilience.
2. When properly applied, social design is an effective tool to respond to complex social problems and increase community resilience.
3. The importance and toolset of social design is growing, but the currently available methods do not address certain aspects.
4. In social design activities working with disadvantaged communities, time (longevity, gradual and systematic cooperation) plays a key role in increasing the resilience levels of communities living in extreme poverty.
5. In social design activities working with disadvantaged communities, human aspects, specifically the relationship between the designer and the user group (building trust, reciprocity, genuine relationship), are of paramount importance.
6. In social design activities, design attitude (humility, reciprocity, experiential learning, tolerance for failure) plays a key role alongside other design competencies.